



THE  
**MAYNARD**  
FOOD • BAR • ROOMS • VENUE

BREAKFAST MENU

# BREAKFAST MENU

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## ENGLISH BREAKFAST

Local sausages, bacon, black pudding and eggs any style, toasted sourdough, herb-marinated backed tomatoes, baked beans and mushrooms (GFa)

Full **£8.95**

Half **£6.50**

## PLANT-BASED BREAKFAST

Herb marinated backed tomatoes, mushrooms, baked beans, home-made guacamole, grilled tofu, and eggs any style (V) (GFa)

**£7.50**

## POACHED EGG BREAKFAST MUFFIN

Poached eggs and hollandaise sauce, served on a toasted breakfast muffin. Available with the following toppings;

Florentine - with spinach (V) (GFa)

**£5.50**

Royale - with smoked salmon (GFa)

**£6.25**

Benedict - with back bacon (GFa)

**£5.50**

## SMOKED SALMON BAGEL

Scrambled eggs, cream cheese and fresh dill

**£6.50**

## SPANISH OMELETTE

Herb baked tomatoes, chorizo, mushroom and cheese (GF)

**£5.50**

## CINNAMON & BLUEBERRY QUINOA PORRIDGE

Porridge oats and quinoa, cooked slowly with almond milk & cinnamon, served with blueberries (VE) (GF)

**£4.50**

## BUCKWHEAT PANCAKES WITH SEASONAL BERRIES

Homemade buckwheat pancakes served with seasonal berries, honey and Greek yoghurt (V) (GF)

**£4.95**

## BREAKFAST SANDWICH ON BLOOMER BREAD

Bacon (GFa)

**£4.95**

Sausage (GFa)

**£4.95**

Mushroom & tomato (V) (GFa)

**£3.95**

*\*add egg for an additional £1*

## FRUIT SALAD

Fresh fruit salad with Greek yoghurt, mint and honey (V) (GF)

**£4.50**

*All our meat is sourced sustainably from New Close Farm in Over Haddon.*

*If you have an allergy or intolerance, please speak to a team member before you order food or drink. (V) dishes are suitable for vegetarians and (VE) dishes are suitable for vegans. (GF) relates to food that has no gluten-containing ingredients and (GFa) are dishes that can be adapted to suit a gluten-free diet.*